

Welcoming the Enchantress archetype

Creating Abundance Meditation	
Welcoming the Enchantress archetype of Autumn	
Northern hemisphere	August Worldwide Womb Blessing
Southern hemisphere	February Worldwide Womb Blessing

When can I do the meditation?

You may like to take part in the following meditation after the Moon Ray meditation and BEFORE the 'Sharing Meditation'.

As well as undertaking the 'Creating Abundance' meditation in association with the Worldwide Womb Blessing, you also can do the meditation:

- At any time during the autumn when the earth's Enchantress energies are strong.
- At the decreasing moon, when the moon is in her Enchantress energies.
- During pre-menstruation when you embody the Enchantress energies.

About the Creating Abundance Meditation:

Connect with your female creative energies of abundance to create your dreams. At this time of first fruits and harvest we celebrate the power of abundance that lies in all of us, and in this meditation thousands of women around the world will help you to manifest your dreams.

Before you do the meditation, take time to think of something that you wish to bring into your life. You can be specific about how you wish this abundance to manifest; for example, better health and well-being, more money or a new job, a loving relationship, help and support, a holiday, or something you would really love to have.

On Womb Blessing Day meditation it can be particularly powerful if you are in your pre-menstrual phase at the time of the 'Creating Abundance' meditation because you share the same energies as the Earth Mother.



The Creating Abundance Meditation:

After you have received the Worldwide Womb Blessing and taken part in the 'Moon Ray' meditation, you are ready to do the 'Creating Abundance' meditation. Afterwards you can do the 'Sharing the Blessing' meditation.

Place your hands together to create a bowl shape – a 'Womb Bowl'.

See or know that in your hands you hold the seed of something new.

Place in this seed your desire for abundance in your life and your wish for how it will manifest.

(Pause)

As you think about your wish, notice how your heart opens and fills with joy and happiness.

Allow this happiness to flow from your heart to fill the Womb Bowl of your hands with love.

(Pause)

Now see or know that the seed in your hands represents the seeds of all the women taking part in this meditation.

See that seed glow with a beautiful loving energy, showing its connection to all these women.

(Pause)

Become aware of the full moon above you.

Feel, know, or see the moonlight flowing over you and down through your arms to fill the bowl of your hands with light.

Know that you are blessing and manifesting the desires of all the women taking part and that at this moment, every woman is also blessing your desire with moonlight.

(Pause)

Know that for every woman taking part, the seed of her abundance starts to awaken and grow in love and moonlight.

Know that the blessing of moonlight combined with the intention of thousands of women worldwide has awakened your abundance... and it will appear in your life.

When you feel ready to end the meditation:

To end this meditation, bring your awareness to your Womb Tree and grow its roots down into the earth. Gently wiggle your fingers and toes and open your eyes - and smile 😊

Now take your love and abundance out into the world and share it!

Drink your Womb Bowl water and eat and celebrate!

You do not need to do anything to 'create' your desire, simply relax and enjoy receiving all the abundance sent to you in the meditation.

In a group

You may like to ask the women attending to print out or cut out an image representing what they wish to create in their lives and to bring it to the group. Women can hold the image in their bowl hands during the meditation and take it home to use as a focus for the daily practice given below.

Continuing your abundance:

To keep the vibration of your manifesting singing in the world, you may like to follow this exercise in the month after the Blessing.

Every day sit relaxed for approximately 5-10 minutes holding your hands in the Womb Bowl position, and:

See, know, feel or imagine that there is a full moon above you. Relax as its beautiful light flows through your aura and over your skin.

Allow your hands to fill with moonlight, and relax.

Know that the energy of the Worldwide Womb Blessing is continuing to positively heal your patterns around abundance; that it is reawakening your female energies of inspiration, creativity, love and passion; and that it is helping to create the magical desires you feel in your heart and in your soul.

At the end the exercise, smile and allow the loving abundance of your female soul to shine through you throughout the day.